THE SECOND SUNDAY AFTER PENTECOST

Icon of the Apostles, Saint Andrew and Saint Peter
<table>
<thead>
<tr>
<th>Sunday</th>
<th>2nd Sunday After Pentecost</th>
<th>9:45am: 3rd Hour</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>June 23</td>
<td>2nd Sunday After Pentecost</td>
<td>10:00am: Divine Liturgy (SSCM)</td>
<td>Refreshments after Liturgy (Team 6)</td>
</tr>
<tr>
<td></td>
<td>Rom 2:10-16</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Mt 4:18-23</td>
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<table>
<thead>
<tr>
<th>Monday</th>
<th>Birth of John the Baptist</th>
<th>Simple 3rd Week after Pentecost</th>
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</thead>
<tbody>
<tr>
<td>June 24</td>
<td>Birth of John the Baptist</td>
<td>* SIMPLE 3rd Week after Pentecost</td>
</tr>
<tr>
<td></td>
<td>Rom 13:11–14:4</td>
<td></td>
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<tr>
<td></td>
<td>Lk 1:5-25,57-68 &amp; 76-80</td>
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<table>
<thead>
<tr>
<th>Tuesday</th>
<th>Febronia Venerable Martyr</th>
<th>* (F)</th>
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<tbody>
<tr>
<td>June 25</td>
<td>Febronia Venerable Martyr</td>
<td>* (F)</td>
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<tr>
<td></td>
<td>Rom 7:14–8:2</td>
<td></td>
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<tr>
<td></td>
<td>Mt 10:9-15</td>
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<table>
<thead>
<tr>
<th>Wednesday</th>
<th>David of Thessalonica Venerable</th>
<th>9:45am: 3rd Hour</th>
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<tbody>
<tr>
<td>June 26</td>
<td>David of Thessalonica</td>
<td>10:00am: Divine Liturgy</td>
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<tr>
<td></td>
<td>Venerable</td>
<td>10:00am: Divine Liturgy</td>
<td></td>
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<tr>
<td></td>
<td>Rom 8:2-13</td>
<td>Catechism</td>
<td></td>
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<tr>
<td></td>
<td>Mt 10:16-22</td>
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<table>
<thead>
<tr>
<th>Thursday</th>
<th>Sampson Venerable Bl. Nicholas Charnetsky and Others Martyrs</th>
<th>9:45am: 3rd Hour</th>
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</thead>
<tbody>
<tr>
<td>June 27</td>
<td>Sampson Venerable Bl. Nicholas Charnetsky and Others Martyrs</td>
<td>10:00am: Divine Liturgy</td>
<td></td>
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<tr>
<td></td>
<td>Rom 8:22-27</td>
<td>Catechism</td>
<td></td>
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<tr>
<td></td>
<td>Mt 10:23-31</td>
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<thead>
<tr>
<th>Friday</th>
<th>Translation of the Relics of Cyrus &amp; John - Unmercenaries</th>
<th>4:00pm: Vesperal Divine Liturgy (SN)</th>
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</thead>
<tbody>
<tr>
<td>June 28</td>
<td>Translation of the Relics of</td>
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<tr>
<td></td>
<td>Cyrus &amp; John - Unmercenaries</td>
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<tr>
<td></td>
<td>Rom 9:6-18</td>
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<tr>
<td></td>
<td>Mt 10:32-36 &amp; 11:1</td>
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<table>
<thead>
<tr>
<th>Saturday</th>
<th>Peter and Paul Preeminent Apostles</th>
<th>9:45am: 3rd Hour</th>
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</thead>
<tbody>
<tr>
<td>June 29</td>
<td>Peter and Paul Preeminent Apostles</td>
<td>10:00am: Divine Liturgy (SSCM)</td>
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<tr>
<td></td>
<td>2 Cor 11:21–12:9</td>
<td>Refreshments after Liturgy (Team 1)</td>
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<tr>
<td></td>
<td>Mt 16:13-19</td>
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<table>
<thead>
<tr>
<th>Sunday</th>
<th>3rd Sunday After Pentecost</th>
<th>9:45am: 3rd Hour</th>
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</thead>
<tbody>
<tr>
<td>June 30</td>
<td>3rd Sunday After Pentecost</td>
<td>10:00am: Divine Liturgy (SSCM)</td>
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<tr>
<td></td>
<td>Rom 5:1-10</td>
<td>Refreshments after Liturgy (Team 1)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mt 6:22-34</td>
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Call the parish phone number to make an appointment. (919) 239-4877
2nd SUNDAY after PENTECOST
June 23, 2019

WELCOME VISITORS
If you are new to our area or just visiting, please stop and introduce yourself. We are happy to have you share with us in the celebration of the Divine Liturgy.

If you do not have a church home, or your church is not a home for you, we cordially invite you to become part of our parish family.

If you wish to register with our parish, please contact Tony Blair.

GLORY TO JESUS CHRIST! GLORY FOREVER!

Byzantine Catholic Greetings
Glory to Jesus Christ!  Glory Forever!
Slava Isusu Christu!  Slava na viki! (Slavonic)
Doxa si o Kyrios!  Panda doxa! (Greek)
Laudetur Jesus Christus!  Semper Laudetur! (Latin)
¡Gloria a Jesucristo!  ¡Gloria por siempre! (Spanish)
Gloire à Jésus Christ !  Gloire pour toujours! (French)
Sia lodato Gesù Cristo!  Sempre sia lodato! (Italian)

PRAYER INTENTIONS FOR OUR PARISH FAMILY:
Please remember in your prayers:
Rev. Father Mark Shuey, Dawn Shuey, Veronica, Patricia Baures, the Dunbar Family, the Parsons Family, Elizabeth Macario, Gloria and Nicholas, Jim, Richard, Matthew Rubush, Donald Carret, Mary and Michael, James, Rev. Father Richard Rohrer.

Please pray for the repose of the souls of our faithful departed.
+John Morgan+; +Natalie Morgan+; +Michael Carter+; +Don Urgo+; +Deacon Charles+, +Barbara+, and +Ivan Burger+; +Joseph Dunbar+; +Eveline Dunbar+; +Winifred Ann Reamey+; +Anne Carret+; +Kalil Wakim+

Eternal Rest grant unto them O Lord .... and let perpetual Light shine upon them.

Parish Council
Our Parish Council meets the **first Tuesday** of every month. If you have any questions or concerns you’d like addressed at the next meeting, please see one of the members. They are: Joe Deaton, Marie Taylor, Donna Carret, Paul Tooley, Lance Morgan, Dan Pope and Tony Blair.
The Apostles Fast begins June 17th and lasts until June 28th.

The Typikon prescribes strict abstinence on Mondays, Wednesdays, Fridays, with mitigated abstinence (wine and oil) on Tuesdays and Thursday.

The Ruthenian Metropolia has identified this period as a penitential season.

This fast may be observed voluntarily.

As Fr. Mark has instructed in the past, there are different levels of fasting, from following the minimal guidelines to the ascetic fast. In addition, if you have never fasted before, please do the minimum fast and take each fasting period to grow in your spiritual life. This means to eventually grow in fasting to the ascetic fast where no animal products are consumed---but fish, wine and oil are allowed on the weekends. This takes time, effort and especially prayer to develop. Remember, fasting without prayer is diabolical—you just hurt the body.

If you never get to the Ascetic Fast, do not feel guilty, at least do the Minimum Fast.

Minimum fast is no meat on Wednesdays and Fridays

If you are experienced with fasting and praying—the law of abstinence forbids the use of meat, permitting dairy and egg products. Abstinence is to be observed on all Wednesdays and Fridays.

If you have struggled through the minimum fast and abstinence, and desire a spiritual challenge, strict abstinence is that challenge. Strict abstinence is abstention from meat, dairy, eggs, fish, wine and oil. See the guidelines below.

The ascetic guidelines are:

- Mondays, Wednesdays, Fridays are strict fast days: abstain from meat, dairy, eggs, fish, wine, oil
- Tuesday and Thursdays: wine and oil are permitted
- Saturdays and Sundays: fish, wine and oil are permitted

Please remember that abstaining from food during this period of preparation does us no good if we do not also, as St John Chrysostom teaches us, fast with:

...the eye and the ear and the feet and the hands and all the members of our bodies. Let the hands fast by being free of avarice.
Let the feet fast, by ceasing to run after sin.
Let the eyes fast, by disciplining them not to glare at that which is sinful.
Let the ear fast, by not listening to evil talk and gossip.
Let the mouth fast from foul words and unjust criticism.
For what good is it if we abstain from birds and fishes, but bite and devour our brothers?
**Byzan Teens**
Our Byzan Teens meet the **first Wednesday** of every month from 6:30-8:30pm. If you would like more information, please see or text/call Rachel Blair (919) 308-4680.

**Catholic Radio**
Catholic Radio is now on the air at AM 540. It features EWTN (Eternal Word Television Network) programming, including news & commentary, apologetics, the Mass, and papal events. "Light of the East" program with Rev. Fr. Thomas Loya discusses Byzantine liturgy, spirituality and traditions at 11:30 am on Sundays. Note that the current FCC license requires the power to be turned down in the evening, so the signal is very difficult to pick up during those hours (varies with the seasons). Check out Divine Mercy radio (Raleigh, Wendell, Zebulon), www.wdmr.org, for more information.

**Bulletin Online!**
Hey, did you know that our bulletin is now online as well as in print format? If you miss picking one up at Church, you can now find it on our website. Thank you, Chris and Mary Ann Meyer!

The **Coptic Orthodox** celebrate their Liturgy in our church from 8:00 am to 12:00 pm on the 2nd and 4th Saturdays of the month (May 25, June 8 and 15, July 13)

**Traveling to the Myrtle Beach area this summer?**
See the message below from the mission there! Follow them on Facebook! https://www.facebook.com/Blessed-Basil-Hopko-Byzantine-Catholic-Mission-1915581601988067/

Father Conan is finalizing our summer Sunday Divine Liturgies schedule. Our first visiting priest will be Father Martin Vavrak, Pastor of St. Nicholas of Myra Byzantine Catholic Church, Perth Amboy, NJ, who will celebrate Divine Liturgies, at the Mission, on Sunday, June 9th at 10am (Pentecost) and Sunday, June 16th at 10am.
There is a good possibility that we will have Divine Liturgies every Sunday through the balance of June and every Sunday in July. Father Conan is working on the entire schedule and an update will be sent out with all of the Sunday Divine Liturgies.
As always, all are invited to stay for our socials after each Divine Liturgy.
3059 SC Hwy 90, Conway, South Carolina 29526 ✆ (843) 347-6750

**Institute of Catholic Culture**
Did you know there’s an app about our faith? The app is called the Institute of Catholic Culture and the priest who runs it, Fr. Hezekias, is Ruthenian. The organization is dedicated to the re-evangelization of our society through educational and cultural programs offered to the public at no charge. There you’ll find hundreds of hours of audio available for free on the app or on their website: instituteofcatholicculture.org. They even have lectionary reflections (both ours and Roman Catholic) so you can better prepare yourself to attend Divine Liturgy.
Project Rachel

1 in 4 people is touched by abortion. Odds are that someone you know is suffering from the effects of an abortion. You can be instrumental in bringing the love and forgiveness of Jesus Christ to those in great need by passing along this information!

Abortion is one of the most common procedures in the US, experienced by millions of women, many of whom are Catholic. Abortion creates a wound in post-abortive woman (and men) resulting in spiritual and emotional problems. The Project Rachel ministry assists women and men who have been wounded by abortion to find truth and healing. Check their website for the next retreat. If you have experienced an abortion and would like more information about the retreat contact Project Rachel at (919) 852-1021 or email projectrachel@nc.rr.com For more information go to www.projectrachelnc.org. (website).

Calls and appointments are kept strictly confidential.

Birthchoice

Pregnant and need help? Call 919-828-LIFE. There are many resources for when you find yourself pregnant and not sure what to do. Our society today often pressures women to abort when this destructive step is not necessary. Did your partner give you the money for an abortion: Is there no one in your family to whom you can turn? There are plenty of people who care; you just haven't met them yet. We are pro-choice; choose life! You do not have to end the life of your child.

Parish Directory

We are in the process of updating our directory and send an email to the church email address (sscyrilmethodius@gmail.com) with current address, email and phone numbers as well as the names of the members of your household. Please also note if you would like to remain on or be added to the email distribution list. We are updating this information through June 19th after Divine Liturgy.

Please see Michelle. In addition, if you are not receiving envelopes and would like to, please note that on your response.

Please respond by June 19th to remain on or be added to the email list! After that time, emails that have not responded will be removed from the distribution list.

Thank you for your help in updating the parish information!

Ignited By Truth 2020

Save the Date! 17th Ignited By Truth Catholic Conference April 25, 2020 Reynolds Coliseum, Raleigh. “Bringing to light the truth of the teachings of the Catholic Church and igniting in all hearts a love for the Faith” Join our mailing list to receive the latest updates: IgnitedByTruth.org
SOCIAL HOUR REFRESHMENTS (after Liturgy on Sunday)
Please help make our Parish welcoming to visitors by remembering to bring refreshments, set up, and clean up, on the Sunday assigned to your household. Assignments repeat every 6 weeks.

Team 1: June 30, 2019  
Pattie & Travis Kingery,  
Larry & Natalie McKenney, Lance Morgan

Team 2: July 7, 2019  
Marie Taylor, Tony & Rachel Blair,  
Chris & Dave Urgo

Team 3: July 14, 2019  
John & Nancy Driscoll, David Kovach,  
Mary & Mike Carpenter

Team 4: July 21, 2019  
Michelle & Matt Rubush, Joe Deaton,  
Paul & Margie Tooley

Team 5: July 28, 2019  
Jane & Jim Dunbar, Maura & Mike Sudik,  
Justin and Julie McCarty

Team 6: Aug 4, 2019  
Nick & Ellen Tsakanikas, Tiphaine Lamb,  
Deacon Lee & Joanne Kibbe

READERS’ SCHEDULE
If you cannot read on your assigned day, please find a replacement. Thank you!

June 23 — Patti Kingery  
June 30 — Paul Tooley  
July 7 — Angela Taylor  
July 14 — Michelle Rubush  
July 21 — Scott Nashland  
July 28 — Mary Parsons

CHURCH CLEANING
If you would like to help, please see Joe Deaton or Michelle Rubush. Volunteers may do the cleaning anytime during the week when the church is not in use.

June 16-21 — Carter  
June 23-28 — McCarty  
June 30 – July 5 — Morgan/Carret  
July 7-12 — Deaton  
July 14-19 — Sudik  
July 21-26 — M. Taylor

Altar Server Schedule

June 23  Giuseppe, Max, Antonio and Rocco Tsakanikas; Stephen Cwik; Ben Kingery
June 30  Charley, Tomas, and Nathan Tooley; Corbi and William Lamb
July 7  Giuseppe, Max, Antonio and Rocco Tsakanikas; Stephen Cwik; Ben Kingery
July 14  Charley, Tomas, and Nathan Tooley; Corbi and William Lamb

"Remember then, it is the Lord, your God, who gives you the power to acquire wealth." – Dt. 8:18

<table>
<thead>
<tr>
<th>June 9</th>
<th>June 2</th>
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<tbody>
<tr>
<td>Regular Envelope Contributions $ 420.00</td>
<td>Regular Envelope Contributions $ 674.40</td>
</tr>
<tr>
<td>Subdeacon Visit $ 360.00</td>
<td>Flowers $</td>
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<tr>
<td>Candle Donation 48.00</td>
<td>In Kind</td>
</tr>
<tr>
<td>Total Contributions $ 828.00</td>
<td>Total Contributions $ 674.40</td>
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</tbody>
</table>

Please send any additions and corrections for the bulletin by Thursday to Donna at donna.carret@protonmail.com
Saints Cyril and Methodius
Byzantine Catholic Church

2510 Piney Plains Road
Cary, North Carolina 27518-6870
Parish Phone # (919) 239-4877

Saturday  
4:00pm: Divine Liturgy

Sunday  
10:00am: Divine Liturgy

Parish Clergy:
(The Reverend) Fr. Mark Shuey, Administrator
(919) 239-4877
E-Mail: sscyrilmethodius@gmail.com
Web Site: sscyrilmethodius.org

Andrew and Simon Peter

How much did the poor fishermen leave behind? Someone may wonder: At the Lord’s beckoning, what or how much did these two fishermen, who scarcely had anything, leave behind? On this, my beloved, we should attend to one’s intention rather than one’s wealth. That person has left behind a lot who keeps nothing for himself, who, though he has little, gives up everything. We tend to be attached to those things we own, and those things we scarcely own, we carefully hold on to. Therefore Peter and Andrew left much behind when they left behind covetousness and the very desire to own. That person has left much behind who renounces with the thing owned the very coveting of that thing. Therefore those poor who followed Jesus left behind just as much as those less poor who did not follow him but were able to covet.

So when you notice that some have left a great deal behind, you need not say to yourself, “I want to imitate those who disdain this world, but sorry, I have nothing to leave behind.” You will leave much behind, my brothers, if you renounce earthly desires. External things, however small they may be, are sufficient for the Lord, since he looks at the heart and not at our material goods. Nor does he judge by how much is involved in our sacrifice but from how much it is made. For if we judge by external goods, our holy merchants traded in their nets and vessels for the perpetual life of the angels.

St. Gregory the Great