EIGHTH SUNDAY AFTER PENTECOST

Icon of the Transfiguration — August 6th
<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>8th SUNDAY AFTER PENTECOST</th>
<th>9th SUNDAY AFTER PENTECOST</th>
</tr>
</thead>
<tbody>
<tr>
<td>SUNDAY</td>
<td>August 4</td>
<td>1 Cor 1:10-18&lt;br&gt;Mt 14:14-22</td>
<td>9:40am: 3rd Hour&lt;br&gt;10:00am: Divine Liturgy (SSCM)&lt;br&gt;Refreshments after Liturgy (Team 6)</td>
</tr>
<tr>
<td>Monday</td>
<td>August 5</td>
<td>Eusignius Martyr&lt;br&gt;1 Cor 11:31 – 12:6&lt;br&gt;Mt 18:1-10</td>
<td>9th Week after Pentecost&lt;br&gt;(P) (Pre-festive Day of the Transfiguration)</td>
</tr>
<tr>
<td>Tuesday</td>
<td>August 6</td>
<td>TRANSFIGURATION&lt;br&gt;OF OUR LORD</td>
<td>SOLEMN&lt;br&gt;</td>
</tr>
<tr>
<td>Wednesday</td>
<td>August 7</td>
<td>Domitius Venerable Martyr&lt;br&gt;1 Cor 13:4 – 14:5&lt;br&gt;Mt 20:1-16</td>
<td>6:30pm: Transfiguration Divine Liturgy&lt;br&gt;10:00am: Divine Liturgy Catechism</td>
</tr>
<tr>
<td>Thursday</td>
<td>August 8</td>
<td>Emilian Bishop - Confessor&lt;br&gt;1 Cor 14:6-19&lt;br&gt;Mt 20:17-28</td>
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<tr>
<td>Friday</td>
<td>August 9</td>
<td>Matthias Apostle&lt;br&gt;Acts 1:12-17 &amp; 21-26&lt;br&gt;Lk 9:1-6</td>
<td>Gather at the church between 6-6:30pm for an evening of Bible Exploration and Defending the Faith. Food provided.</td>
</tr>
<tr>
<td>Saturday</td>
<td>August 10</td>
<td>Lawrence Archdeacon - Martyr&lt;br&gt;Rom 14:6-9&lt;br&gt;Mt 15:32-39</td>
<td>8:00am-12:00pm: Coptic Divine Liturgy&lt;br&gt;2:00pm: Paraklesis&lt;br&gt;4:00pm: Vesperal Divine Liturgy (SN)</td>
</tr>
<tr>
<td>SUNDAY</td>
<td>August 11</td>
<td>9th SUNDAY AFTER PENTECOST&lt;br&gt;1 Cor 3:9-17&lt;br&gt;Mt 14:22-34</td>
<td>9:40am: 3rd Hour&lt;br&gt;10:00am: Divine Liturgy (SSCM)&lt;br&gt;Refreshments after Liturgy (Team 1)</td>
</tr>
</tbody>
</table>

Call the parish phone number to make an appointment. (919) 239-4877
7th SUNDAY after PENTECOST
July 28, 2019

WELCOME VISITORS
If you are new to our area or just visiting, please stop and introduce yourself. We are happy to have you share with us in the celebration of the Divine Liturgy.

If you do not have a church home, or your church is not a home for you, we cordially invite you to become part of our parish family.

If you wish to register with our parish, please contact Tony Blair.

GLORY TO JESUS CHRIST! GLORY FOREVER!

Byzantine Catholic Greetings

Glory to Jesus Christ!  Glory Forever!
Slava Isusu Christu!  Slava na viki! (Slavonic)
Doxa si o Kyrios!  Panda doxa! (Greek)
Laudetur Jesus Christus!  Semper Laudetur! (Latin)
¡Gloria a Jesucristo!  ¡Gloria por siempre! (Spanish)
Gloire à Jésus Christ !  Gloire pour toujours ! (French)
Sia lodato Gesù Cristo!  Sempre sia lodato! (Italian)

PRAYER INTENTIONS FOR OUR PARISH FAMILY:

Please remember in your prayers:
Rev. Father Mark Shuey, Dawn Shuey, Veronica, Patricia Baures, the Dunbar Family, the Parsons Family, Elizabeth Macario, Gloria and Nicholas, Jim, Richard, Matthew Rubush, Mary and Michael, James.

Please pray for the repose of the souls of our faithful departed.
+John Morgan+; +Natalie Morgan+; +Michael Carter+; +Don Urgo+; +Deacon Charles+, +Barbara+, and +Ivan Burger+; +Joseph Dunbar+; +Eveline Dunbar+; +Winifred Ann Reamey+; +Anne Carret+; +Donald Carret+; +Kalil Wakim+; +Rev. Fr. Richard Rohrer+

Eternal Rest grant unto them O Lord .... and let perpetual Light shine upon them.

Bulletin Online!
Hey, did you know that our bulletin is now online as well as in print format? If you miss picking one up at Church, you can now find it on our website. Thank you, Chris and Mary Ann Meyer!
**Catholic Radio**

We have two options for Catholic Radio. For Eastern Catholics, online you will find [https://easterncatholicbroadcasting.com](https://easterncatholicbroadcasting.com) We also have an option for Catholic Radio locally on the air at AM 540. It features EWTN (Eternal Word Television Network) programming, including news & commentary, apologetics, the Mass, and papal events. "Light of the East" program with Rev. Fr. Thomas Loya discusses Byzantine liturgy, spirituality and traditions at 11:30 am on Sundays. Note that the current FCC license requires the power to be turned down in the evening, so the signal is very difficult to pick up during those hours (varies with the seasons). Check out Divine Mercy radio (Raleigh, Wendell, Zebulon), [www.wdmr.org](http://www.wdmr.org), for more information.

**Traveling to the Myrtle Beach area this summer?**


Father Conan is working on the entire schedule and an update will be sent out with all of the Sunday Divine Liturgies.

As always, all are invited to stay for our socials after each Divine Liturgy.

3059 SC Hwy 90, Conway, South Carolina 29526 ✆ (843) 347-6750

**Institute of Catholic Culture**

Did you know there’s an app about our faith? The app is called the Institute of Catholic Culture and the priest who runs it, Fr. Hezekias, is Melkite. The organization is dedicated to the re-evangelization of our society through educational and cultural programs offered to the public at no charge. There you’ll find hundreds of hours of audio available for free on the app or on their website: [instituteofcatholicculture.org](http://instituteofcatholicculture.org). They even have lectionary reflections (both ours and Roman Catholic) so you can better prepare yourself to attend Divine Liturgy.

**Fr. Rick**

On Friday, August 9, at 2:00 pm, Fr. Rick will be buried in the Rohrer family plot in in the Oakwood (east) Cemetery Grass Lake, MI. This will not be a religious ceremony, just a simple farewell for family and friends at the time of burial. Those attending will be encouraged to mention any special memories of Fr. Rick. Please do not send flowers*.


If you are planning on attending, please RSVP to [sscyrilmethodius@gmail.com](mailto:sscyrilmethodius@gmail.com) The reception venue is small and the family would like to be prepared.

*If you wish to make a donation in honor of the repose of the soul of our beloved Fr. Rick, in lieu of flowers, please consider a donation to Project Rachel or the St. Nicholas Orphanage in Ukraine. Make checks out to SS. Cyril and Methodius and indicate on memo line “Project Rachel” or “Orphanage.” Thank you.
**Project Rachel**

1 in 4 people is touched by abortion. Odds are that someone you know is suffering from the effects of an abortion. You can be instrumental in bringing the love and forgiveness of Jesus Christ to those in great need by passing along this information!

Abortion is one of the most common procedures in the US, experienced by millions of women, many of whom are Catholic. Abortion creates a wound in post-abortive woman (and men) resulting in spiritual and emotional problems. The Project Rachel ministry assists women and men who have been wounded by abortion to find truth and healing. Check their website for the next retreat. If you have experienced an abortion and would like more information about the retreat contact Project Rachel at (919) 852-1021 or email projectrachel@nc.rr.com For more information go to [www.projectrachelnc.org](http://www.projectrachelnc.org). *Calls and appointments are kept strictly confidential.*

**Birthchoice**

Pregnant and need help? Call 919-828-LIFE. There are many resources for when you find yourself pregnant and not sure what to do. Our society today often pressures women to abort when this destructive step is not necessary. Did your partner give you the money for an abortion: Is there no one in your family to whom you can turn? There are plenty of people who care; you just haven't met them yet. We are pro-choice; choose life! You do not have to end the life of your child.

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**Ignited By Truth 2020**

Save the Date! 17th Ignited By Truth Catholic Conference April 25, 2020 Reynolds Coliseum, Raleigh. “Bringing to light the truth of the teachings of the Catholic Church and igniting in all hearts a love for the Faith” Join our mailing list to receive the latest updates: IgnitedByTruth.org

**FUN FACT**

*Why do we not kneel on Sundays?* In the Byzantine tradition, there is no kneeling on Sundays, Feastdays, or on any day between Pascha and Pentecost. This is in honor of the Resurrection of Christ. The First Ecumenical Council forbade kneeling at these times. The rest of the time, the custom varies in different places.

On Lenten weekdays, there are lots of prostrations, especially during the Liturgy of the Presanctified Gifts.
What is Paraklesis?:
The Paraklesis, or "Office of the Supplicatory Canon to the Theotokos", is a devotional service to the Mother of God which is contained in the liturgical books of the Byzantine Rite. It is particularly associated with the Dormition Fast (August 1-14), but it can be used throughout the year, either in church or in private.

Melkite Archbishop Joseph Raya explains the service as follows:

The word \textit{paraclisis} has two different meanings: the first is "consolation", from which the Holy Spirit is called the "Paraclete" or "Consoler"; the second is "supplication" or "petition". The Office of Paraclisis consists in hymns of supplication to obtain consolation and courage. It should be recited in times of temptation, discouragement and sickness.

In the Slavic tradition, the Paraklisis is an example of a \textbf{moleben}, a prayer service for the living, which is appointed by the Church for use whenever desired. This distinguishes it from both the liturgical hours of prayer and the Divine Liturgy on the one hand, and from personally-composed prayers on the other.

The \textbf{Eritrean Orthodox} celebrate their Liturgy in our church from 8:00am to 12:00pm on the 1st and 3rd Saturdays of the month (July 20, Aug 3 and 17, Sept 7)

The \textbf{Coptic Orthodox} celebrate their Liturgy in our church from 8:00am to 12:00pm on the 2nd and 4th Saturdays of the month (July 27, Aug 10 and 24, Sept 14)

\begin{center}
\begin{tabular}{ |l|c|c| }
\hline
 & \textbf{July 28} & \textbf{July 21} \\
\hline
Regular Envelope Contributions & $ 2058.00 & $ 2,119.53 \\
Project Rachel & $ -1000.00 & In Kind \\
Candle Donation & 0 & $ \\
\hline
Total Contributions & $ 1058.00 & Total Contributions $ 2,119.53 \\
\hline
\end{tabular}
\end{center}

\textit{"Remember then, it is the Lord, your God, who gives you the power to acquire wealth."} – Dt. 8:18
**CHURCH CLEANING**
If you would like to help, please see Joe Deaton or Michelle Rubush. Volunteers may do the cleaning anytime during the week when the church is not in use.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug 4-9</td>
<td>E. Tsakanikas</td>
</tr>
<tr>
<td>Aug 11-16</td>
<td>G. Tsakanikas</td>
</tr>
<tr>
<td>Aug 18-23</td>
<td>Kingery</td>
</tr>
<tr>
<td>Aug 25-30</td>
<td>A. Taylor</td>
</tr>
<tr>
<td>Sept 1-6</td>
<td>Carter</td>
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<td>Sept 8-13</td>
<td>McCarty</td>
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**ALTAR SERVER SCHEDULE**

<table>
<thead>
<tr>
<th>Dates</th>
<th>Names</th>
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<tbody>
<tr>
<td>Aug 4</td>
<td>Giuseppe, Max, Antonio and Rocco Tsakanikas; Stephen Cwik; Ben Kingery</td>
</tr>
<tr>
<td>Aug 11</td>
<td>Charley, Tomas, and Nathan Tooley; Corbi and William Lamb</td>
</tr>
<tr>
<td>Aug 18</td>
<td>Giuseppe, Max, Antonio and Rocco Tsakanikas; Stephen Cwik; Ben Kingery</td>
</tr>
<tr>
<td>Aug 25</td>
<td>Charley, Tomas, and Nathan Tooley; Corbi and William Lamb</td>
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**VOLUNTEER GREETERS**
If you cannot greet people on your assigned day, please find a replacement. Thank you!

<table>
<thead>
<tr>
<th>Dates</th>
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</thead>
<tbody>
<tr>
<td>Aug 11</td>
<td>Giuseppe Tsakanikas</td>
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<tr>
<td>Aug 18</td>
<td>Margie Tooley</td>
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<tr>
<td>Aug 25</td>
<td>Phillip Tooley</td>
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<tr>
<td>Sep 1</td>
<td>Talitha Tooley</td>
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<tr>
<td>Sep 8</td>
<td>Joe Deaton</td>
</tr>
<tr>
<td>Sept 15</td>
<td>Sapsara</td>
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</tbody>
</table>

**READERS’ SCHEDULE**
If you cannot read on your assigned day, please find a replacement. Thank you!

<table>
<thead>
<tr>
<th>Dates</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug 11</td>
<td>Travis Kingery</td>
</tr>
<tr>
<td>Aug 18</td>
<td>Mike Sudik</td>
</tr>
<tr>
<td>Aug 25</td>
<td>Tony Blair</td>
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<tr>
<td>Sep 1</td>
<td>Patti Kingery</td>
</tr>
<tr>
<td>Sep 8</td>
<td>Paul Tooley</td>
</tr>
<tr>
<td>Sept 15</td>
<td>Angela Taylor</td>
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</tbody>
</table>

**SOCIAL HOUR REFRESHMENTS** (after Liturgy on Sunday)
Please help make our Parish welcoming to visitors by remembering to bring refreshments, set up, and clean up, on the Sunday assigned to your household.

**Team 1: Aug 11, 2019**
Pattie & Travis Kingery,
Larry & Natalie McKenney, Lance Morgan

**Team 2: Aug 18, 2019**
Marie Taylor, Tony & Rachel Blair,
Chris & Dave Urgo

**Team 3: Aug 25, 2019**
John & Nancy Driscoll, David Kovach,
Mary & Mike Carpenter

**Team 4: Sep 1, 2019**
Michelle & Matt Rubush, Joe Deaton,
Paul & Margie Tooley

**Team 5: Sept 8, 2019**
Jane & Jim Dunbar, Maura & Mike Sudik,
Justin and Julie McCarty

**Team 6: Sept 15, 2019**
Nick & Ellen Tsakanikas, Tiphaine Lamb,
Deacon Lee & Joanne Kibbe

Please send any additions and corrections for the bulletin by Thursday to Donna at donna.carret@protonmail.com
The Dormition Fast

The Dormition Fast takes place from Aug 1st to Aug 14th.

The Ruthenian Metropolia has identified this period as a penitential season.

As Fr. Mark has instructed in the past, there are different levels of fasting, from following the minimal guidelines to the ascetic fast. In addition, if you have never fasted before, please do the minimum fast and take each fasting period to grow in your spiritual life. This means to eventually grow in fasting to the ascetic fast where no animal products are consumed—-but fish, wine and oil are allowed on the weekends. This takes time, effort and especially prayer to develop. Remember, fasting without prayer is diabolical—you just hurt the body.

If you never get to the Ascetic Fast, do not feel guilty, at least do the Minimum Fast.

Minimum fast is no meat on Wednesdays and Fridays.

If you are experienced with fasting and praying—the law of abstinence forbids the use of meat, permitting dairy and egg products. Abstinence is to be observed on all Wednesdays and Fridays.

If you have struggled through the minimum fast and abstinence, and desire a spiritual challenge, strict abstinence is that challenge. Strict abstinence is abstention from meat, dairy, eggs, fish, wine and oil. See the guidelines below.

The ascetic guidelines are:

WEEKDAYS are Strict Fast Days. On these days we abstain from meat, dairy, fish with backbones, fowl, wine, and oil. SATURDAYS and SUNDAYS are Wine and Oil Days. On these days the fast is relaxed to permit wine and oil, but we still abstain from meat, dairy, fish with backbones, and fowl.

The one exception to these general rules is that the Great Feast of the Holy Transfiguration of our Lord, God, and Savior Jesus Christ (August 6), which always falls during the Dormition Fast, is celebrated as a Fish, Wine, and Oil Day. On this great feast day, the fast is relaxed to permit fish with backbones, in addition to wine and oil, but we still abstain from meat, dairy, and fowl.

Please remember that abstaining from food during this period of preparation does us no good if we do not also, as St John Chrysostom teaches us, fast with:

...the eye and the ear and the feet and the hands and all the members of our bodies
Let the hands fast by being free of avarice.
Let the feet fast, by ceasing to run after sin.
Let the eyes fast, by disciplining them not to glare at that which is sinful.
Let the ear fast, by not listening to evil talk and gossip.
Let the mouth fast from foul words and unjust criticism.
For what good is it if we abstain from birds and fishes, but bite and devour our brothers?
Uniontown Pilgrimage

The Uniontown Pilgrimage is just a month away! See the following link for the brochure: http://www.sistersofstbasil.org/wp-content/uploads/85th-Pilgrimage-Invitation.pdf

We are in the planning stages right now and will need to know soon if you are planning on coming!

Please let Michelle know if you are interested in attending and if you have any questions!

If you are unfamiliar with the Pilgrimage in Uniontown, see below:

The annual Pilgrimage in honor of Our Lady of Perpetual Help is a special ministry of the Sisters of St. Basil. It has been held every Labor Day weekend since 1934. It was that year that the Sisters and pilgrims celebrated the blessing of the then newly acquired Monastery for the Sisters.

In 1935, Pope Pius XI gifted the Sisters with a beautiful icon of Our Lady of Perpetual Help requesting that they spread devotion to the Theotokos under that title.

The Pilgrimage is a source of ongoing renewal and provides for the diverse spiritual needs of the many pilgrims who frequent this major unifying event in the life of the Byzantine Catholic Church. Its participants include clergy and faithful from across the country. The Pilgrimage offers the celebration of Divine Liturgy; opportunities for the Mystery of Reconciliation; Anointing of the Sick; Adult Enrichment Programs; activities for children, teens, young adults; and pastoral counseling.

The Pilgrimage is the oldest and largest Byzantine Catholic Pilgrimage in the United States. The Sisters welcome all people of faith to share in this special ministry and in its many blessings.
Saints Cyril and Methodius
Byzantine Catholic Church

2510 Piney Plains Road
Cary, North Carolina 27518-6870
Parish Phone # (919) 239-4877

Saturday
4:00pm: Divine Liturgy
(St. Nicholas Mission)

Sunday
10:00am: Divine Liturgy

Parish Clergy:
(The Reverend) Fr. Mark Shuey, Administrator
(919) 239-4877

E-Mail: ss Cyril methodius@gmail.com
Web Site: ss Cyril methodius.org

This is my Son, the Beloved: listen to Him

Jesus took the three apostles up to the mountain for three reasons: first, to show them the glory of his divinity, then to declare himself Israel’s redeemer as he had already been foretold by the prophets, and thirdly to prevent the apostles’ being scandalized at seeing him soon afterward enduring those human sufferings which he had freely accepted for our sake. The apostles knew that Jesus was a man; they did not know that he was God. To their knowledge he was the son of Mary, a man who shared their daily life in this world. On the mountain he revealed to them that he was the Son of God, that he was in fact God himself. . . . He therefore took them up onto the mountain so that they could hear his Father’s voice calling him Son, and he could show them that he was truly the Son of God and was himself divine.

He took them up onto the mountain in order to show them his kingship before they witnessed his passion, to let them see his mighty power before they watched his death, to reveal his glory to them before they beheld his humiliation. Then when the Jews took him captive and condemned him to the cross, the apostles would understand that it was not for any lack of power on his part that Jesus allowed himself to be crucified by his enemies, but because he had freely chosen to suffer in that way for the world’s salvation. He took them up onto the mountain before his resurrection and showed them the glory of his divinity, so that when he rose from the dead in that same divine glory they would realize that this was not something given him as a reward for his labor, as if he were previously without it. That glory had been his with the Father from all eternity, as is clear from his words on approaching his freely chosen passion: Father, glorify me now with the glory I had with you before the world was made.

From a commentary by St. Cyril of Alexandria