August 9, 2020

10th Sunday after Pentecost

Saints Cyril and Methodius
Byzantine Catholic Church

2510 Piney Plains Road
Cary, NC 27518-6870
919-239-4877

Rev. Fr. Vasyl Sokolovych
Parochial Administrator
908-404-0777

Sunday
8:30 AM Divine Liturgy
(If unable to attend in person, our Divine Liturgy is streamed via our Facebook page.)

E-Mail: sscyrilmethodius@gmail.com
Web Site: sscyrilmethodius.org
| SUNDAY  
| August 9  
| Tone 1  
| 10th SUNDAY AFTER PENTECOST | **11TH WEEK AFTER PENTECOST** |
| | 1 Cor 4:9-16  
| | Mt 17:14-23  
| | 8:00 AM: Confession  
| | 8:30 AM: Divine Liturgy  
| | (for the Intention of the Parishioners)  
| Monday  
| August 10  
| Lawrence  
| Archdeacon - Martyr  
| 2 Cor 2:4-15  
| Mt 23:13-22  
| **11TH WEEK AFTER PENTECOST** |
| Tuesday  
| August 11  
| Euplus Martyr  
| 2 Cor 2:14-3:3  
| Mt 23:23-28  
| 5:00 PM: Paraklesis*  
| 6:00 PM: Divine Liturgy  
| Wednesday  
| August 12  
| Photius and Anicetus Martyrs  
| 2 Cor 3:4-11  
| Mt 23:29-39  
| 5:00 PM: Paraklesis  
| 6:00 PM: Divine Liturgy  
| Thursday  
| August 13  
| Maximus the Confessor  
| Venerable  
| 2 Cor 4:1-6  
| Mt 24:13-28  
| 5:00 PM: Paraklesis  
| 6:00 PM: Divine Liturgy  
| Friday  
| August 14  
| Translation of the Relics of Theodosius of the Cave  
| Venerable  
| Heb 13:7-16  
| Mt 11:27-30  
| Vesperal Divine Liturgy 6:00PM  
| (with St Nicholas Mission) streaming via Facebook  
| Saturday  
| August 15  
| Dormition of the Theotokos  
| Phil 2:5-11  
| Lk 10:38-42 & 11:27-28  
| Holy Day of Obligation  
| 8:00 AM-12:00 PM: Eritrean Orthodox Divine Liturgy  
| 4:00 PM: Divine Liturgy, St. Nicholas Mission  
| SUNDAY  
| August 16  
| Tone 2  
| 11th SUNDAY AFTER PENTECOST | **11TH WEEK AFTER PENTECOST** |
| | 1 Cor 9:2-12  
| | Mt 18:23-35  
| | 8:00: AM Confession  
| | 8:30 AM: Divine Liturgy  
| | (for the Intention of the Parishioners)  

Call the parish office (919-239-4877) to make an appointment  
or to speak to Fr. Vasyl (908-404-0777).

**SSCM CHURCH/HALL SCHEDULE**

The **St. Nicholas Mission** celebrate their Divine Liturgy in our church every Saturday at 4:00 PM.

The **Eritrean Orthodox** celebrate their Divine Liturgy in our church from 8:00 AM to 12:00 PM on the 1st and 3rd Saturdays of the month (August 1, August 15).

The **Coptic Orthodox** celebrate their Divine Liturgy in our church from 8:00 AM to 12:00 PM on the 2nd and 4th Saturdays of the month (August 8 and August 22).
9th SUNDAY AFTER PENTECOST  
August 9, 2020

Welcome Father Vasyl

We continue to joyfully welcome Father Vasyl Sokolovych our newly appointed Parochial Administrator. Father was born in 1976 in Yasinya, Ukraine where he attended local schools. He entered the seminary in 1994, graduated in 2000 and was ordained a priest in July 2000. Before coming to the U.S. Father previously served in three parishes. His wife, Pani Olena, was a school teacher in the Ukraine and they have three children. The eldest daughter, Solomiya, resides in the Ukraine and is a student at a medical university. Their second child, Vasyl, graduated this year from Neshaminy High School, Langhorne, PA and the younger son, Andriy, just completed sixth grade at Neshaminy Middle School. Father Vasyl was the Parochial Vicar at Our Lady of Perpetual Help Byzantine Catholic Church, Levittown, PA since June 2018.

WELCOME VISITORS!

If you are new to our area or just visiting, please stop and introduce yourself. We are happy you are joining us to share in the celebration of the Divine Liturgy. If you do not have a church home, or your church is not a home for you, we warmly invite you to become part of our parish family.

If you wish to register with our parish, please email Michelle Rubush at sscyrilmethodius@gmail.com

GLORY TO JESUS CHRIST! GLORY FOREVER!

Byzantine Catholic Greetings

Glory to Jesus Christ! Glory Forever!  
Slava Isusu Christu! Slava na viki! (Slavonic)

Please remember in your prayers:

John Patrick Rose, Elizabeth Macario, Marianne Sapsara, Fr. Mark and family, and Fr. Vasyl and family

Please pray for the repose +of the souls of our faithful departed:

+Natalie and John Morgan, +Rev Fr. Richard Rohrer, +Gloria Shuey

In Blessed Repose, Grant O Lord, Eternal Rest to the Soul of Your Departed Servants and May their Memory be Eternal.

LOST AND FOUND

A plastic bin has been set up in the hall and marked "Lost and Found." Items found in the Church, hall or on the grounds will be placed in this bin. If you are missing a hat, gloves, plates, etc. check here. Items will be kept until after Labor Day and then donated.
Dear Fr. Mark,

On behalf of the parishioners of Saints Cyril and Methodius Byzantine Catholic Church, I want to thank you for your fruitful work in this church. For three and a half years you have become a model of how to serve God and His people. Thank you sincerely for proclaiming God's word, for sharing your knowledge of the faith, and for finding the time and opportunity to communicate with parishioners. Your sermons were intertwined with specific examples and life situations. You helped parishioners find the Lord God in the events of their daily lives.

You have taught parishioners many things:
- Fear of the Lord – keeping God’s commandments;
- The importance of praying and giving honor to the Mother of God - the Mother of Mercy;
- The necessity that Christian families fulfill the responsibilities of raising children;
- How to pray in purity of heart;
- Living according to the Gospels.

You have urged everyone to pray to Jesus in their daily prayers that Jesus would instill in their hearts living feelings of faith, hope and love, as well as sincere repentance of sins and a strong desire to change lives.

Therefore, may the All-Merciful Lord generously reward you for your tireless work with His gifts, giving you strength and inspiration for further accomplishments!

I wish you the same zeal and piety in your continued service to all the people whom the Lord has entrusted to your care. May your heart always be filled with joy, peace, faith, hope and love!

May the Lord God protect you and your family for many blessed years!

Love and sincerely,
Fr. Vasyl and parishioners of Saints Cyril and Methodius Byzantine Church.

The Dormition (Spasovka) Fast runs from August 1-14 as a time of preparation for the two great feasts of the Transfiguration, August 6 and the Dormition, August 15. Please choose an appropriate program of fasting and prayer. The Feast of the Dormition is one of the 12 Major Feasts of the Byzantine Rite and is celebrated with uncommon solemnity. In preparation for the feast, a two week period of fasting is prescribed for the faithful, called the Dormition Fast which begins on the first day of August. Since the Feast of the Transfiguration of Our Lord, popularly known as “Spasa,” fell within this time, the people in the Old Country referred to this fast as the “Spasovka,” meaning the Savior’s Fast. Historically, the Dormition Fast can be traced to the ninth century but it was officially introduced into the Byzantine discipline by the Synod of Constantinople in 1166.

The Ruthenian Metropolia has identified this period as a penitential season.

As we have been instructed in the past, there are different levels of fasting, from following the minimal guidelines to the ascetic fast. In addition, if you have never fasted before, please do the minimum fast and take each fasting period to grow in your spiritual life. This means to eventually grow in fasting to the ascetic fast where no animal products are consumed---but fish, wine and oil are allowed on the weekends. This takes time, effort and especially prayer to develop. Remember, fasting without prayer is diabolical-you just hurt the body.
If you never get to the Ascetic Fast, do not feel guilty, at least do the Minimum Fast. Minimum fast is no meat on Wednesdays and Fridays. If you are experienced with fasting and praying—the law of abstinence forbids the use of meat, permitting dairy and egg products. Abstinence is to be observed on all Wednesdays and Fridays. If you have struggled through the minimum fast and abstinence, and desire a spiritual challenge, strict abstinence is that challenge. Strict abstinence is abstention from meat, dairy, eggs, fish, wine and oil. See the guidelines below.

The ascetic guidelines are: WEEKDAYS are Strict Fast Days. On these days we abstain from meat, dairy, fish with backbones, fowl, wine, and oil. SATURDAYS and SUNDAYS are Wine and Oil Days. On these days the fast is relaxed to permit wine and oil, but we still abstain from meat, dairy, fish with backbones, and fowl.

The one exception to these general rules is that the Great Feast of the Holy Transfiguration of our Lord, God, and Savior Jesus Christ (August 6), which always falls during the Dormition Fast, is celebrated as a Fish, Wine, and Oil Day. On this great feast day, the fast is relaxed to permit fish with backbones, in addition to wine and oil, but we still abstain from meat, dairy, and fowl.

Please remember that abstaining from food during this period of preparation does us no good if we do not also, as St John Chrysostom teaches us, fast with:

...the eye and the ear and the feet and the hands and all the members of our bodies
Let the hands fast by being free of avarice.
Let the feet fast, by ceasing to run after sin.
Let the eyes fast, by disciplining them not to glare at that which is sinful.
Let the ear fast, by not listening to evil talk and gossip.
Let the mouth fast from foul words and unjust criticism.
For what good is it if we abstain from birds and fishes, but bite and devour our brothers?

---

**Dormition of the Theotokos**

There is nothing in the holy, inspired Scripture about the death of Mary, the holy Mother of God. But we know from ancient and wholly reliable tradition that at the time she so gloriously fell asleep, all the holy Apostles, who were traveling the world for the salvation of the peoples, were lifted up in a single instant of time and were gathered at Jerusalem; and as they stood by her, they saw a vision of angels, and heard the divine chanting of the higher powers. Her body, which had been God's dwelling place, was brought for burial amidst the singing of the angels and the Apostles, and laid to rest in a coffin in Gethsemane; and the angelic dancing and singing continued without pause in that place for three days. But after three days, the song of the angels ceased; the Apostles were there, and since one of them, Thomas, had not been present (for her burial and came at the end of three days) and wished to reverence that body which had housed God, they opened the coffin. And they could not find her body, which had been the object of such praise; all that they found were her burial wrappings. And being overcome by the ineffable fragrance that came out of the wrappings, they closed the coffin again. Amazed by this miraculous discovery, they could only draw a single conclusion: the one Who had deigned to become flesh in her own person, and to take His humanity from her, the one Who willed to be born in human flesh as God the Word, the Lord of glory, and Who had preserved her virginity intact even after childbirth, now chose, after her departure from this world, to honor her immaculate and pure body with the gift of incorruption, and with a change of state even before the common, universal resurrection. (St. Juvenal, Patriarch of Jerusalem)

---

**Paraklesis**
The Paraklesis, or "Office of the Supplicatory Canon to the Theotokos", is a devotional service to the Mother of God which is contained in the liturgical books of the Byzantine Rite. It is particularly associated with the Dormition Fast (August 1-14), but it can used throughout the year, either in church or in private.

Melkite Archbishop Joseph Raya explains the service as follows:

The word paraclisis has two different meanings: the first is "consolation", from which the Holy Spirit is called the "Paraclete" or "Consoler"; the second is "supplication" or "petition". The Office of Paraclisis consists in hymns of supplication to obtain consolation and courage. It should be recited in times of temptation, discouragement and sickness.

In the Slavic tradition, the Paraklesis is an example of a Moleben - a prayer service for the living, which is appointed by the Church for use whenever desired. This distinguishes it from both the liturgical hours of prayer and the Divine Liturgy on the one hand, and from personally-composed prayers on the other.

**CHURCH CLEANING**

If you would like to help, please contact Joe Deaton or Michelle Rubush. We need to have enough volunteers so no one is cleaning more than once every three months. Volunteers may do the cleaning anytime during the week when the church is not in use. Thank you to our current volunteers!

<table>
<thead>
<tr>
<th>DATE</th>
<th>NAME</th>
<th>DATE</th>
<th>NAME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug 9-14</td>
<td>Kingery</td>
<td>Aug 30-Sep 4</td>
<td>Larraine</td>
</tr>
<tr>
<td>Aug 16-21</td>
<td>Taylor, A</td>
<td>Sep 6-11</td>
<td>Rose</td>
</tr>
<tr>
<td>Aug 23-28</td>
<td>Morgan</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Consider this: whoever sows sparingly will also reap sparingly, and whoever sows bountifully will also reap bountifully. Each must do as already determined, without sadness or compulsion, for God loves a cheerful giver. Moreover, God is able to make every grace abundant for you, so that in all things, always having all you need, you may have an abundance for every good work. (2 Corinthians 9:6-8)

You honor God and our Church by continuing to tithe each week. A collection basket is under the Tetrapod for your weekly donation. You may also mail in your donation or donate online via our website.

"Give and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you." Luke 6:38

If you prefer, you may tithe directly to the church by US mail or by using the link on our web site (sscyrilmethodius.org).
THE BYZANTEENS

ByzanTEENS is an official ministry of the Catholic Metropolitan Church of the USA. The ministry is a function of the Intereparchial Youth Commission, whose members serve in each of the four eparchies of the Byzantine Catholic Church and is guided by an episcopal moderator. Our ByzanTEENS are under the leadership of Rachel Blair.

*Start children off on the way they should go, and even when they are old they will not turn from it.* (Proverbs 22:6)

PARISH PASTORAL COUNCIL

Our Parish Pastoral Council (PPC) meets the first Tuesday of every month. If you have any questions or concerns you’d like addressed at the next meeting, please contact one of the members: Joe Deaton, Marie Taylor, Paul Tooley, Angela Taylor, Lance Morgan, Dan Pope and Mike Carpenter.

WHILE WE HAVE BEEN AWAY....

"*Start by doing what is necessary, then do what is possible and suddenly you are doing the impossible.*" St Francis of Assisi

In spite of the pandemic, the needs of our church continue and bills still must be paid. Many have worked behind the scenes to fulfill some of those needs. Thanks to those who moved the chairs from the hall to the back of the church and participated in the hall clean up on Saturday and moving market inventory items into storage. Work dates will be announced for further hall and grounds clean up. Thank you to all who continue to share your time, talent and treasure. May God bless you abundantly!

- As a reminder, in person attendance is limited to 50% capacity. Visitors should email the church at sscyrilmethodius@gmail.com if you wish to attend Sunday Divine Liturgy at 8:30 AM. Parishioners, if they have not already indicated they want to attend Liturgy in person, should contact the church office.
- Parishioners who are considered “high risk,” and more vulnerable to the virus should consider not attending Liturgy in the church and continue to participate via Facebook.
- Parishioners are dispensed from attending Divine Liturgy on Sunday.
- A face mask MUST be worn during Divine Liturgy, which should be removed before receiving Holy Communion.
- Please bring your own mask as the church has a limited number available.
- Social distancing (6 feet) of people not living in the same household should be followed. A family living together can sit in the same area
- Please refrain from physical contact.
- Please sanitize hands when entering and leaving church.
- There will be no Agape meal in the hall after Liturgy.
- Please maintain social distancing after Liturgy.
- A collection basket is under the Tetrapod for your weekly donation. You may also mail in your donation or donate online via our website.
- As you approach Fr. Vasyl for communion please state your name.
NATIONAL BYZANTINE CATHOLIC CONVENTION

For Clergy, Monastics, Religious, and Laity
Sponsored by the Eparchies of the Byzantine Catholic Church
and the Intereparchial Vocations Committee

GROWING A VIBRANT
BYZANTINE CHURCH

Thursday, November 12, 2020
Clergy Spiritual Day for Priests, Deacons,
Minister Clergy, Seminarians, Diaconate candidates

Friday, November 13th – Saturday, 14th
Convention with Liturgies,
Dynamic Keynotes and Breakout Sessions

St. John the Baptist Byzantine Catholic Cathedral, Pittsburgh, PA

The National Byzantine Catholic Convention is an event primarily for the leaders and members of the Byzantine Catholic Church for the purpose of prayer, fellowship, formation and mission as a national body of Eastern Catholics. The theme for the 2020 Convention is Growing a Vibrant Byzantine Church where talks and workshops will be offered on ways to grow as missionary-disciples to help cultivate vibrant eparchies, parishes, monasteries, missions, outreach and apostolates where Christ is encountered and worshipped.

WORD – WORSHIP – CHARITY – UNITY – MISSION – LEADERSHIP

byzantineconvention.com  REGISTRATION STARTS MARCH 1st