August 1, 2021

Saints Cyril and Methodius
Byzantine Catholic Church
2510 Piney Plains Road
Cary, NC 27518-6870
919-239-4877

Reverend Father Vasyl Sokolovych
Parochial Administrator
908-404-0777
Ryan Liebhaber, Deacon

Sunday
9:00 and 11:00 AM Divine Liturgy
(If unable to attend in person, our 9AM Divine Liturgy is streamed via our Facebook page.)

E-Mail: sscyrilmethrodius@gmail.com
Web Site: sscyrilmethrodius.org
<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>TENTH SUNDAY AFTER PENTECOST</th>
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<tbody>
<tr>
<td>August 1</td>
<td>Procession of the Cross</td>
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| Tone 1 | 1 Cor 4:9-16  
Mt 17:14-23 |
|        | 8:30 AM Confession  
9:00 AM Divine Liturgy - Outdoors |

| Monday | Translation of the Relics of Stephen |
| August 2 | 2 Cor 2:4-15  
Mt 23:13-22 |

| Tuesday | Isaacius and Others Venerable |
| August 3 | 2 Cor 2:14-3:3  
Mt 23:23-28 |

| Wednesday | Seven Youth of Ephesus Martyrs |
| August 4 | 2 Cor 3:4-11  
Mt 23:29-39 |
|          | 6:00 PM Paraklesis |

| Thursday | Eusignius - Martyr |
| August 5 | 2 Cor 4:1-6  
Mt 24:13-28 |
|          | 6:30 PM Vespers – Transfiguration and Blessing of Fruit |

| Friday | Transfiguration of Our Lord |
| August 6 | 2 Pet 1:10-19  
Mt 17:1-9 |
|          | SOLEMN  
6:00 PM Divine Liturgy/Blessing of Fruit |

| Saturday | Domitius Venerable - Martyr |
| August 7 | 1 Cor 1:3-9  
Mt 19:3-12 |
|          | 4:00 PM St. Nicholas Mission Divine Liturgy |

| SUNDAY | ELEVENTH SUNDAY AFTER PENTECOST |
| August 8 | 1 Cor 9:2-12  
Mt 18:23-35 |
| Tone 2 | 8:30 AM Confession  
9:00 AM Divine Liturgy  
11:00 AM Divine Liturgy |

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Call the parish office (919-239-4877) to make an appointment or to speak with Fr. Vasyl (908-404-0777).

**SSCM CHURCH/HALL SCHEDULE**

The St. Nicholas Mission celebrate their Divine Liturgy in our church every Saturday at 4:00 PM.

The Eritrean Orthodox celebrate their Divine Liturgy in our church from 8:00 AM to 12:00 PM on the 1st and 3rd Saturdays of the month.

The Coptic Orthodox celebrate their Divine Liturgy in our church from 8:00 AM to 12:00 PM on the 2nd and 4th Saturdays of the month.

**PARISH PASTORAL COUNCIL**

Our Parish Pastoral Council (PPC) meets the second Tuesday of every month. If you have any questions or concerns you would like addressed at the next meeting, please contact one of the members: Mike Carpenter, Marie Taylor, Paul Tooley, Paul Cwik, Will Leatherwood, Lance Morgan, Dan Pope, and Mike Sapsara.

As Father Vasyl has announced, there will be one Divine Liturgy on Sunday, August 1 at 9:00 AM which will be celebrated outdoors to accommodate our entire church family. Refreshments and fellowship will take place immediately afterwards on the patio. Please bring your own chair and food for your family. The ByzanTEENS will continue to offer soft drinks and water as a fundraiser. Our teens are away, so donations will be accepted on their behalf.
TENTH SUNDAY AFTER PENTECOST
August 1, 2021

If you are new to our area or just visiting, please stop and introduce yourself. We are happy you are joining us to share in the celebration of the Divine Liturgy. If you do not have a church home, or your church is not a home for you, we warmly invite you to become part of our parish family. If you wish to register with our parish, please email Michelle Rubush at: sscyrilmethodius@gmail.com

GLORY TO JESUS CHRIST!
GLORY FOREVER!
SLAVONIC: SLAVA ISUSU CHRISTU! SLAVA NA VIKI!

Please remember in your prayers:
Mary Jo and Bill Smith; Jerry Kingery; Lance Morgan; Sophia Rose; John Patrick Rose; Rachel Blair; David Hoover; Cameron Shuey; Dale Blair; Bernadette’s parents and aunts: Andrew, Etta, Martha and Yolanda; Father Mark and family; Father Vasyl and family.

Please pray for the repose of the souls of our faithful departed:
+Holly Kingery, +Elizabeth Macario, +Luke Morgan, +Natalie and John Morgan, +Rev. Fr. Richard Rohrer, +Gloria Shuey, +Victor Quintero, + Maria Victoria Quintero

In Blessed Repose, Grant O Lord, Eternal Rest to the Soul of Your Departed Servants and May their Memory be Eternal.

In spite of the pandemic, the maintenance of our church continues and bills must be paid. Thanks to all who continue to serve our church with their time, talent, and treasure. Progress continues in converting the library into office space. Many thanks to all who have been working in that area.

CHURCH CLEANING SCHEDULE
Many thanks to our church cleaning volunteers which means no one is cleaning more than once every three months. Volunteers may do the cleaning anytime during the week when the church is not in use. Please contact Marie Taylor at marie@8taylors.com if you want to participate in this very important ministry for our church. Thank you to our current volunteers!

<table>
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<tr>
<th>Aug 1-7</th>
<th>Aug 29-Sept 4</th>
<th>Sep 5-11</th>
<th>Sept 12-18</th>
<th>Sept 19-25</th>
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<tr>
<td>Margie Tooley</td>
<td>Mary Carpenter</td>
<td>Nathan Tooley</td>
<td>Lance Morgan</td>
<td>Will &amp; Sam Leatherwood</td>
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New signs have been placed to direct traffic flow onto and off the church property. Please enter at the "church parking" entrance at the old rectory. The exit is now clearly marked and should not be used for two-way traffic.

You honor God and our Church by continuing to tithe each week. A collection basket is under the Tetrapod for your weekly donation. You may also mail in your donation or donate online via our website.

"Give and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you." (Luke 6:38)

Please keep our ByzanTEENS, leaders and adult chaperones in your prayers this weekend as they travel to Saluda, NC for spiritual and team building activities.
FATHER VASYL'S HOMILY FOR THE TENTH SUNDAY AFTER PENTECOST
August 1, 2021

The cause of various human misfortunes is distance from God through sin, constant dissatisfaction with the state of our lives, and the search for worldly happiness. When man places his hope in earthly things, he distances himself from both God and His care. He exposes himself to the destructive influence of evil forces. When a father asked Jesus to heal his son, Jesus responded quite sharply and negatively to his request. Why did Christ reply like this? The possession of the son by an evil spirit is an example of a purely human life. By His answer to the father, Jesus wants to show that man first breaks the commandments, then turns away from God and is influenced by Satan. When trouble comes, he seeks help; first in the world and then in God. When nothing in the world helps, only then does a person remember God and asks Him for help.

Faithfulness and restraint are the two mediators that protect man from sin and the destructive influence of the evil spirit. Faithfulness means keeping all the commandments as a sign of complete trust and hope in God, and sincere love for Him with all one's heart. Restraint shows that the Christian puts the good of the soul above the good of the body, and reconciles his will in everything with the will of God. God is always faithful to his words and ready to endow us with His love. And for this, the human soul must be in purity, which can be obtained by keeping the Commandments. A Christian who has believed in God and trusted in His love shows that trust by keeping the Commandments of God. Infidelity is the breaking of the Commandments, the weakening of hope in God, and the insincere love for Him. On the other hand, a person can keep the Commandments but keep them carelessly, which means that he loves God with incomplete love.

The situation of the demon-possessed boy fully reflects the realities of today's life. The lives of many people are no different from the lives of this young son. Today, many people in the world are Christians. Christianity is widespread on all continents of the earth, but sin and evil in the world have not decreased. Most misfortunes in life are the result of the human sins of pride and selfishness, when man prefers to trust himself more than God; that is, he thinks more of his own benefit than of doing God's will. To receive God's blessing, care, and happiness in life, a person must reject and overcome every sin, even the smallest (evil thoughts, desires or feelings).

People fall victim to the evil spirit through a double lifestyle or two standards: a person believes in God and at the same time wants to please himself in everything, his body, to use all the things that the world has to offer and get the most pleasure from them. Satan lures people into the trap of sin by using a threefold tactic: First, to convince a person that it is not necessary to keep all the Commandments, "you do not have to do it, it is not necessary for you." This relaxes the human will. Second, it diminishes the power of evil and sin. When a person is guilty of something small, he calms his conscience and mind, saying, "do not worry, do not worry about it, it's not terrible, it's not a great evil." Third, the devil disguises evil as good, often using things that are related to the needs of our body such as food, clothing, and recreation (TV, Internet, computer and gambling). He convinces a person with words, "you should not limit yourself or deny yourself something, use everything you have, do what you want." But as life teaches us, earthly things do not always and completely satisfy the deepest needs of the human spirit.

Man begins to look for some better ways to solve his difficulties and turns to God. We must turn to Jesus first with our own prayer, and receive help. When a person comes to Jesus, he turns to God, finds in Him answers to all questions of life and solutions to all problems. Our prayer is not always strong enough for us to ask God for the necessary graces and to solve life's problems easily and quickly. When there are problems of life and health that are beyond our human and spiritual capabilities, then we should come to church to pray with a priest who has a gift from God to help people, strengthen their prayer, and supplement their efforts to combat problems and diseases. What our prayer cannot solve can be supplemented by a priest's prayer. The prayer of the priest, who is the intercessor of Christ on earth, has greater power before God. Therefore, our prayer combined with the prayer of the priest can assure us of success in every matter for which we turn to God.

Father Vasyl is celebrating his 21st anniversary of priestly ordination. We are blessed with his spiritual leadership. May God grant him many happy and blessed years! Mnogaja lita! In honor of this anniversary, there will be cake and ice cream as part of our fellowship following the 9:00 AM Divine Liturgy which will be celebrated outdoors.
Therefore, let us place our hopes in the eternal God, not in a weak man, and believe that he who trusts in God does not depart from Him empty-handed. Amen.

The Christmas in June Market to honor the feast of Saints Peter and Paul generated sales of $2,858.00. Our costs were $913.86 resulting in a net profit of $1,944.14. Thank you again to all who made this market a fundraising success for our church.

The Dormition Fast takes place from August 1 to August 14. The Ruthenian Metropolia has identified this period as a penitential season. The observance of this Fast is voluntary.

As we have been instructed in the past, there are different levels of fasting, from following the minimal guidelines to the ascetic fast. In addition, if you have never fasted before, please do the minimum fast and take each fasting period to grow in your spiritual life. This means to eventually grow in fasting to the ascetic fast where no animal products are consumed---but fish, wine and oil are allowed on the weekends. This takes time, effort and especially prayer to develop. Remember, fasting without prayer is diabolical; you just hurt the body. If you never get the the Ascetic Fast, do not feel guilty, at least do the Minimum Fast. Minimum fast is no meat on Wednesdays and Fridays. If you are experienced with fasting and praying---the law of abstinence forbids the use of meat, permitting dairy and egg products. Abstinence is to be observed on all Wednesdays and Fridays. If you have struggled through the minimum fast and abstinence, and desire a spiritual challenge, strict abstinence is that challenge. Strict abstinence is abstention from meat, dairy, eggs, fish, wine and oil. See the guidelines below.

The ascetic guidelines are:

WEEKENDS are Strict Fast Days. On these days we abstain from meat, dairy, fish with backbones, fowl, wine, and oil.

SATURDAYS and SUNDAYS are Wine and Oil Days. On these days the fast is relaxed to permit wine and oil, but we still abstain from meat, dairy, fish with backbones, and fowl.

The one exception to these general rules is that the Great Feast of the Holy Transfiguration of our Lord, God, and Savior Jesus Christ (August 6), which always falls during the Dormition Fast, is celebrated as a Fish, Wine, and Oil Day. On this great feast day, the fast is relaxed to permit fish with backbones, in addition to wine and oil, but we still abstain from meat, dairy, and fowl.

Please remember that abstaining from food during this period of preparation does us no good if we do not also, as St John Chrysostom teaches us, fast with:

...the eye and the ear and the feet and the hands and all the members of our bodies
Let the hands fast by being free of avarice.
Let the feet fast, by ceasing to run after sin.
Let the eyes fast, by disciplining them not to glare at that which is sinful.
Let the ear fast, by not listening to evil talk and gossip.
Let the mouth fast from foul words and unjust criticism.
For what good is it if we abstain from birds and fishes, but bite and devour our brothers?

THE HALL REMAINS CLOSED UNTIL FURTHER NOTICE

GUIDELINES FOR OUR CHURCHES FOLLOWING THE PANDEMIC

In keeping with advice from the CDC, and the local authorities, the following guidelines replace previous Covid rules.

1. A mask should be worn by anyone distributing communion or assisting to distribute communion.
2. The celebrant should use precautions when handling the gifts or singing or speaking near the gifts. These precautions may include wearing a mask, keeping the gifts covered, standing at a distance from the altar, and sterilizing the hands before touching the gifts.
3. The clergy should not drink out of the same chalice that is used for distribution before distribution. They may use a separate chalice, or receive by intinction.
4. Distribution of communion should continue using single-use spoons, either individual metal spoons that are sterilized, or spoons that can be burned.
5. Beginning Friday, May 28, people in the congregation are not required to wear a mask. People are free to wear a mask for personal protection or as a courtesy to the vulnerable.
6. People are still encouraged to practice safe distancing in the pews.
7. No one should ask whether or not someone is vaccinated.
8. Your local laws may supersede these. Your pastor will inform you if that is the case.

**DISPENSATION FROM THE OBLIGATION TO ATTEND DIVINE LITURGY ON SUNDAY OR SATURDAY EVENING**

1. Keep in mind, the bishop cannot dispense from Divine Law. The Ten Commandments require us to keep the Lord’s Day holy. From the beginning, Christians have obeyed this commandment by attending the Eucharist on Sunday, the day of the Resurrection. We are also required by Divine Law to refrain from work if possible and to avoid commerce if possible.
2. Beginning on Sunday, June 6, the dispensation from attending the Divine Liturgy is revoked within the Eparchy of Passaic. Watching a livestream does not fulfill the obligation to attend the Eucharist.
3. Just as before the pandemic, anyone is relieved of the obligation for a serious reason such as sickness, immobility, fear, caring for someone else, to protect your own health or the health of others.

**SAINTS CYRIL AND METHODIUS BYZANTINE CATHOLIC CHURCH**

**REQUESTS FOR THE DIVINE LITURGY - 2021**

It is a beautiful part of our Byzantine Catholic tradition to have the Divine Liturgy celebrated for a special intention or for health and God's blessing's upon a LIVING person, or for the repose of the soul of a DECEASED person. Liturgy requests are now available for the remaining months of 2021. A donation or stipend is an offering made to the priest for the Divine Liturgy for such a request. The suggested donation or stipend for the Divine Liturgy is $20 (Panachida is $15) and is given to the priest. (Please know that if you are unable to pay the stipend, Father will honor your request.) If your donation or stipend is by check, do not make the check payable to the church, but rather to Father Vasyl Sokolovskych. After the request is received, it will be recorded in the church liturgical calendar. Special dates may be requested, but they may not always be available. If this is the case, you will be notified of a rescheduled date and time. If you would like to request a specific date, please do so now. Please know that we will work to provide the dates requested, but we cannot guarantee it. The dates are assigned on a first come first served basis and are reserved upon receipt of the offering. Envelopes are now available in the narthex to request a Divine Liturgy. The Eparchy has recently increased the suggested stipend for a Liturgy to $20. Request for a Panachida remains at $15. To make your request, fill out the information on the envelope. Please include your check or cash and drop it in the collection basket.
The 87th Annual Pilgrimage in honor of Our Lady of Perpetual Help will be held on Sunday, September 5, 2021. The theme, “Mother of Perpetual Help, Our Gentle Protectress,” will guide the event, which will be an in-person event with live streaming options. Weather permitting, liturgical services will be held at Mount St. Macrina, Uniontown, PA.

Guidelines and Limitations:

- All liturgical services will take place at the Shrine Altar. Due to the inability to accommodate large numbers indoors, the potential for postponement or cancellation of a liturgical service exists with the presence of severe weather conditions.
- Boxed lunches/snacks will be available for purchase during this year’s Pilgrimage. Pilgrims wishing to enjoy a warm meal are encouraged to support local restaurants on Route 40 directly across from the Mount.
- Please see the list of local motels and hotels on our website if you wish overnight accommodations. There will be no overnight accommodations on the grounds of Mt. St. Macrina this year, which includes campers. A limited number of self-contained RVs are permitted by appointment only (contact Sr. Carol at 724-438-7149).
- Pilgrims will be asked to wear masks when entering indoor shrines, as well as buildings such as the Religious Gift Shop, House of Prayer, restroom facilities, etc.
- Visitors to the Monastery (Motherhouse) will be limited this year to Sisters’ family. There will be no shuttle service on the property.
- The Sisters are very happy to welcome our beloved Pilgrims back to the grounds of Mt. St. Macrina this year. We encourage you to make the best, most prudent decision for yourself and your family members regarding traveling to Pilgrimage this year. For Pilgrims unable to attend in person, please participate via the livestream: www.sistersofstbasil.org

Schedule as of June 21, 2021 (subject to change):

- **Sunday, September 5**
  - 9:30am Confessions
  - 9:30am Matins (TBD)
  - 11:00am Divine Liturgy for Vocations
  - 1:30pm Children’s Procession
  - 2:30pm Bereavement Session
  - 4:00pm Hierarchical Divine Liturgy
  - 7:00pm Parastas

- **Monday September 6**
  - 9:30 Divine Liturgy - TBD (Services to be Streamed Live)

The following services will take place Sunday, September 5 at the Shrine Altar, weather permitting, and live streamed on our website: www.sistersofstbasil.org.

1. 11:00am Divine Liturgy for Vocations
2. 1:30pm Children’s Procession
3. 4:00pm Hierarchical Divine Liturgy
4. 7:00pm Parastas
Free Webinar - How to Attend a Byzantine Catholic Divine Liturgy
Sunday, August 1, 2021
7:00 PM - 8:30 PM EDT
Online - Zoom

JOIN US FOR A FREE (DONATIONS WELCOME) WEBINAR ON THE LIGHT OF THE EAST!

Are you a Western Christian (Catholic or Protestant) who has never attended a Byzantine Divine Liturgy or has only recently started attending? Are you a Byzantine Christian who wants to learn more about your own rich tradition?

Join us for a Free 90-Minute Webinar on How to Attend a Byzantine Catholic Divine Liturgy where you will learn about the spirit and structure of the Byzantine Divine Liturgy, as well as some tips on etiquette when attending!

Join our presenters who will share their own thoughts and insights:

- **Fr. Deacon Anthony Dragani, PhD** (Ukrainian Greek Catholic, Theology Professor, Author, Blog: east2west.org)
- **Robert Klesko, MA** (Byzantine Catholic, EWTN Theology Advisor, Deacon Candidate)
- **Fr. Daniel Dozier, MA, MATS** (Byzantine Catholic, author of 20 Answers on Eastern Catholicism)

Please note: A Zoom link will be sent to you a day prior to the event.

Order tickets through tickettailor.com:

https://www.tickettailor.com/events/vineyardofthelordcatholicministries/553300